







BREAD

BEEF

RICE

PEPPER

STRAWBERIES

CHEESE

WATERMELON

EGGS

GARLIC

HAM

CEREALS

COCONUT

OIL

BEANS

PEAS

SALMON

AUBERGINES

PEACHES

CARROTS

PEAR

YOGURT

GRAPES

NUTS

CALIFLOWER

BROCCOLI

BANANAS

ICE-CREAM

CHERRIES

MILK

HAKE

ARTICHOCKES