



True or false ?



- Lettuce is a vegetable.
- Nuts are in the fruit group.
- Peas are in the protein group
- Bread is in the dairy group.
- Spaghetti with tomato sauce is made with food from the grain and the vegetable group.
- A dish with broccoli and fish is made with food from the protein and dairy group.
- A dish with beans and chicken is made with food from the protein and vegetables group.
- A bowl with cereals and yogurt is made with food from the dairy group.